

FCA Lunch Menu - September ★ Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Taquitos Chips & Nacho Cheese Refried Beans Blue Raspberry Applesauce	2 Pork Tenderloin Biscuit & Gravy Hashbrown Rounds Granola Bar	3 Baked Ziti Garden Veggies Mandarin Oranges Garlic Toast	4 Turkey Sub Sandwich Lettuce & Tomato Potato Chips Banana Pudding
7 No School	8 Popcorn Chicken (Orange Ch. Dipping Sauce) Asian Noodles Teriyaki & Yum Yum Sauce Mandarin Oranges Fortune Cookie	9 Cafeteria Noodles (Buttered Egg Noodles with Shredded Chicken) Green Peas Hot Roll & Snack	10 Mini Chicken Slider Crispy Fries Fresh Veggies JELLO Fruit Cup	11 Mozzarella Bread Stick Marinara Sauce Fresh Veggies Tropical Fruit
14 Baked Ham Mac & Cheese Peas & Carrots Hot Roll	15 Chicken Alfredo Fresh Veggies Garlic Toast Fruit Cobbler	16 Chicken Tenders Mashed Potatoes Lima Beans Hot Roll	17 Nacho Chips Seasoned Beef Nacho Cheese Sauce Fiesta Rice Refried Beans	18 Grilled Hamburger Cheese Slice Lettuce Crispy Fries Dirt Cake
21 Pork BBQ Sandwich Potato Chips Baked Beans Pickle Spear Fresh Banana	22 Sausage Links French Toast Sticks Syrup Hashbrown Stick Yogurt with Fruit	23 Baked Spaghetti with Meat Garden Salad Fresh Veggies Garlic Breadstick Cup Cake	24 Fish Sticks Potato Wedges Carrot Sticks Pineapple Tidbits Hush Puppies	25 Chick-fil-A Day Chick-fil-A Nuggets Potato Chips Cookie
28 Chicken Casserole Country-Style Green Beans Potato Smiles Hot Roll	29 Mini Corn Dogs Crispy Fries Honey Glazed Carrots Pudding Parfait	30 Pizza Bagels Buttered Corn Fruit Salad Teddy Grahams		Milk will be served with each meal